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App. Serial No.: 10/815,376 Atty. Docket No.: 0061-011

IN THE SPECIFICATION

Please amend the Specification as follows:

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Paragraph beginning at Page 7, Line 14:

In this particular embodiment, leg engaging apparatus 104 is sectioned by only one separation 136. Separation 136 enables the user to wrap leg engaging apparatus 104 around leg 118. In the case of a slightly smaller sized leg, leg engaging apparatus 104 can be adjusted by overlapping the ends that meet at separation 136. A fastening member 138 includes an elastic strap with a binding device binding device 140 (e.g., hook and loop fastener material, net shown in FIG. 4 see FIG. 5) to secure leg engaging apparatus 104 tightly around lower leg 118.

Paragraph beginning at Page 8, Line 14:

FIG.6 shows a cross sectional view of an alternate ankle gapping device 600 including an enclosed biasing member receiving portion 602. The enclosed receiving portion 602 includes a rectangular female receiving channel 606 formed to receive a male biasing member housing 604. Male biasing member housing 604 includes lateral walls lateral walls 608 that slidably engage corresponding grooves 610 formed in female receiving channel 606. This slidable engagement prevents lateral movement while allowing vertical movement.

Paragraph beginning at Page 8, Line 14:

FIG.9 is a flow chart summarizing the method a method 900 for performing an ankle gapping procedure using ankle gapping device 100 of FIG.1. In a first step 902, a user applies foot engaging apparatus 106 to his/her foot 102 with rear arched surface 123 abutting the heal and front arched surface 122 abutting the dorsal portion of the foot 102. Then, in a second step 904, the user places biasing member 108 around ankle and into receiving channel 111. Next, in a third step 906, the user applies leg engaging apparatus 104 to his/her lower leg 118. Then, in a fourth step 908, the user actuates biasing member 108 by squeezing pump 114 to inflate biasing member 108. Next, in a fifth step 910, the user waits a length of time corresponding to the recommended duration of the ankle gapping procedure. Then, in a sixth step 912, the user deactivates biasing member 108, for example by deflating it. Finally, in a seventh step 914, the user removes leg engaging apparatus 104, biasing member 108 and foot engaging apparatus 106.